



# The Family Learning Connection

Uniting Families, Educators, & the Community

Vol. 21 Third Quarter

## PARENTAL SUPPORT

As part of a federal requirement, Title I, Part A schools must help parents understand state standards, assessments, and how to monitor their child's progress. We encourage you to reach out to your child's school if you need assistance with these areas to support your child's academic growth. Your involvement is key to their success, and the school is here to help!

## ANNUAL PARENT & FAMILY ENGAGEMENT STATEWIDE CONFERENCE

We invite all parents to join us for the 2025 Parent and Family Engagement Statewide Conference in Waco, Texas, from October 15-17, 2025. This event will offer valuable workshops, resources, and opportunities to connect with other families, empowering you to support your child's success. Ask your child's school about opportunities and funding for parents to attend.



## CHILDHOOD DEPRESSION

It's normal for kids to feel sad or grouchy sometimes, but if these feelings last for weeks, it could be a sign of something more serious, like depression. Signs of depression in children include sadness, being self-critical, low energy, not enjoying activities, changes in sleep or eating, and complaining of aches and pains. Depression can be caused by stress, trauma, or family history, and therapy can help kids feel better. If you think your child might be struggling with something like depression, talk to them about their feelings and visit with a professional like the school counselor or your family doctor for help. Therapy, especially cognitive behavioral therapy, can support your child and help them heal. You can read more here: <http://r16.us/childhooddepression>

Follow for more great information:





## EMPATHY IN YOUNG CHILDREN

Empathy is an important skill for children because it helps them understand others' feelings and experiences. One way to teach empathy is through storytelling, where children share their own stories and listen to others. This helps them appreciate different backgrounds and build connections. Another way is through problem-solving, where children work together to find solutions that promote fairness and inclusion. Lastly, empathy-driven projects, like learning about the environment or helping local communities, allow children to practice empathy in real-life situations. These activities help children grow into caring and responsible individuals who understand and support each other. You can read more here: <http://r16.us/empathy>

## COLLEGE APPLICATION TIMELINE

In the winter, graduating students need to make sure to send their applications and essays to desired higher education as well as request their high school send an official transcript. They also need to work with their counselor to provide mid-year updates if colleges need second-semester grades. In the spring, they need to stay active in school, visit their final higher education selections, and inform them of their decision by May 1. After being accepted, graduating students should send their enrollment deposit, take any necessary exams, and work with their counselor on any admissions or financial aid issues. Finally, they need to review their financial aid awards to choose the best option for them. You can read more here: <http://r16.us/collegeapptimeline>

## ENGAGING WITH GRANDFAMILIES

If you're a grandparent raising your grandchild, you're taking on a crucial role in their life, often as the primary caregiver. It's important to know that you're not alone in facing challenges like work, financial issues, or health concerns while helping your grandchild succeed in school. You might also face difficulties with school enrollment or making decisions about special education. Here are some helpful tips to make sure you and your grandchild get the support you need:

- Ask the school to include you in events and activities designed for families.
- Make sure school communication uses language that includes you as a caregiver.
- Review school forms to ensure they recognize your role as a grandparent caregiver.
- Get involved in school committees, or ask to be included in important meetings.
- Work with the school to create policies that support your participation in your grandchild's education.
- Look for or create local support groups for grandparents raising grandchildren.
- Help school staff understand the unique needs of grandparents raising grandchildren by sharing your experiences.
- Fill out surveys that the school may offer to understand your specific needs.
- Attend workshops on topics like special education or family support that can help you navigate your role.

By staying informed and involved, you can make a big difference in your grandchild's education and well-being.

You can read more about this here:

<http://r16.us/grandfamilies>



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